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The Sobriety Variety The Sobriety Variety

From Daily Reflections "Driven By A Hundred Forms Of Fear, Self-delusion, Selfseeking, And Self-pity, We Step On The Toes Of Our Fellows And They Retaliate." ALCOHOLICS ANONYMOUS, P.62 My Selfishness Was The Driving Force Behind My Drinking. I Drank To Celebrate Success A Feb 17th, 2024

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Minutes Willingness Call List - 3 People Be Of Service Meetings - Set Up & Clean U Mar 15th, 2024

STEP FOUR - Emotional Sobriety And Food

DAILY REFLECTIONS, P. 101} Resentment Is The "number One" Offender. It Destroys More Alcoholics Than Anything Else. From It Stem All Forms Of Spiritual Disease, For We Have Been Not Only Physically And Mentally III, We Have Been Spiritually Sick. {BB, P. 64} During The Times Feb 5th, 2024

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The Untethered Soul: The Journey Beyond Yourself (p. 131). Michaele A. Singer "At The Core Of This Alienation From The Actual-self... Is The Loss Of The Feeling Of Being An Active Determining Force In Our Own Lives." Neuros Feb 21th, 2024

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