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Mark E. Colgan Current Karate Rank: 5 Dan Shuri Ryu, 62006 - 2007 USKA National Point Champion In Black Belt Men Kata (forms) And Kobudo (weapons). 2007 USKA All-American USKA World Champion In Black Belt Men Kata (forms) 2008. The List Above Is Not Complete, Keeping Track Of Personal Accolades Has Never Been My Motivation For Competition, However, As A Competitor, I Have Placed In Top 3 In Every USKA & PKC Tournament I Have Participated In ... May 1th, 2024Full Contact KaratePercy Jackson E Gli Dei Dellolimpo 3 La Maledizione Del Titano, Free Reflex English Cambridge Pack Download Download, Answer Key For Sentieri Vhlcentral Unita 2, Vmware Vsa Administration Guide, Business Finance Theory And Practice, What It Takes: Seven Secrets Of Success From The World's Mar 1th, 2024Goju Ryu Karate Kyohan Gogen YamaguchiGoju-ryu Karate Master MORIO HIGAONNA 10th Dan(pt.1) Worlds Greatest Goju-ryu Karate Master MORIO HIGAONNA 10th Dan (pt.3) Goju Ryu Basics Power Training Of Goju Ryu Sugino Sensei 10th Dan Master Of Katori Shinto Ryu The Most Dangerous Punch | Okinawa Karate | Masaaki Ikemiyagi | חחחחחחח | חחחחחחח | חחחחחחח ... Feb 1th, 2024. ZANSHIN Jan 2009 - Yoshukan Karate40 YEARS OF INSTRUCTION GLOBAL Over 75% Of Academy Students Have Family Members Training With Them. The Academy Provides A 25% Discount For Any Subsequent Family Member That Joins. Kancho Robertson Has Taught 10,000 Students Over His 40-year Martial Arts Career Karate Is The Most Prolific Martial Art In The World Today With Practitioners In ... May 1th, 2024Karate Do Wado Ryu By Ohtsuka HironoriMay 29th, 2020 - In 1991 Master Suzuki Took Over From Ohtsuka Sensei In Protecting The Essence Of Wado Ryu And Established The Wado International Karate Do Federation Wikf In Addition To His Applishments In Karate Professor Suzuki Is A 2 Nd Dan In Tenshin Koryu Bo Jitsu Stick Fighting And A 1st Dan In Judo He Has Also Studied Zen Doctrine With The' May 1th, 2024Shito-ryu Karate-do Kofukan Training GuideShito-ryu Karate-do Kofukan Training Guide 8th Kyu Senior Stances Zenkutsu Dachi (long Fighting Stance) Musubi Dachi (fig.1) Heiko Dachi (fig.2) Punches Jodan Oizuki – Front Hand Punch To Face (between Nose And Top Lip) Chudan Oizuki - Front Hand Punch To Solar Plexus) Gedan Oizuki - Front Hand Punch To Below Naval Mar 1th, 2024.

TANI-HA SHITO-RYU KARATE-DO KOFUKAN SLOVENIJATANI-HA SHITO-RYU KARATE-DO KOFUKAN SLOVENIJA Glavni Inštruktor: Anton Maruša, 6.DAN, Novo Celje 6, 3301 Petrovče, Slovenija, T/F: +386 (0) 3 5707 188 Feb 1th, 2024

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